



# Tender Hearts Child Therapy Center

*Parent Newsletter*

*January 2013*

## **Snowman Family Contest**

It's time for the next contest in Tender Hearts' Stronger Families Campaign! Each month, we will be promoting a different contest that encourages parents and kids to participate in an exciting activity together!

This month, it's time to play in the snow! After the next snow storm, create a Snowman Family with your children. Instead of making the standard Snowman, create a Snowman to represent **each** member of the family. Dress your Snow Family in items that represent each member. Send us a picture of your Snow Family to be entered to win a **\$25 Toys R Us Gift Card**.

(Send pictures to [TenderHearts@TenderHeartsChildTherapyCenter.com](mailto:TenderHearts@TenderHeartsChildTherapyCenter.com). Contest ends February 28, 2013.)

Please forward the contest to friends and family as you wish—we want to encourage as many parents as possible to spend quality one-on-one time with their kids!